

5th Asian Beach Games

The Fifth Asian Beach Games held at Danang, Vietnam from 24th September to 3rd October, 2016. It will be the second time for Vietnam to host an Asia level multi-sports event, after Hanoi held Asian Indoor Games (2009) and Southeast Asian Games (2003). However, this is the first time that an event will not be held in Hanoi.

Ceremony

On 24th September, 2016 the opening ceremony of 5th Asian Beach Games took place at the Vietnam's central Da Nang City. The 5th Asian Beach Games kicked off in Vietnam's central Da Nang City on Saturday evening, with the participation of nearly 10,000 people. Prime Minister Nguyen Xuan Phuc delivered a speech to open the Games. Opening the event was an art performance under the theme "Brighten the ocean- brighten the future" which featured songs and dances embracing with typical characteristics of fisherman in the central Vietnam and aspiration to build an Asian common house of peace and friendship. The 5th Asian Beach Games opened in Da Nang on Saturday attracting the participation of 4,600 coaches and athletes from 45 Asian countries to compete in 22 sports and 172 events.

Participating Nation: 42

Participant: Approximately 4600

Sports/Disciplines: 22 sports and 172 events

3×3 Basketball, Beach Athletics, Beach Bodybuilding, Beach Handball, Beach Kabaddi, Beach Petanque, Beach Rowing, Beach Sepaktakraw, Beach Shuttlecock, Beach Soccer, Beach Volleyball, Beach Water Polo, Beach Woodball, Ju-Jitsu, Kurash, Marathon Swimming, Muay, Pencak Silat, Sambo, Traditional Martial Art, Vovinam and Wrestling.

Winner: The top three winners were Vietnam, Thailand and China:

Pakistan's Participation in 5th Asian Beach Games

A 56-member Pakistan Contingent participated in the 5th Asian Beach Games held at Da Nang, Vietnam. The following were the members of Pakistan Contingent:-

Contingent Officials		
1.	Dr. Muhammad Akhtar Nawaz	Administrative Personnel
2.	Syed Habib Shah	Administrative Personnel
3.	Mr. Imran Ahmad Khan	Administrative Personnel
4.	Dr. Asad Abbas Shah	Contingent Doctor

5.	Mr. Muhammad Arshad Sattar	Administrative Personnel
6.	Mr. Wajid Ali Chaudhry	Administrative Personnel
7.	Dr. Abdul Qudoos Jamali	Headquarter Official
Handball		
8.	Mr. Javed Iqbal	Official/Manager
9.	Mr. Naseer Ahmed	Official/Coach
10.	Mr. Rizwan Liaquat	Official
11.	Mr. Tahir Ali	Player
12.	Mr. Muhammad Uzair Atif	Player
13.	Mr. Asif Ali	Player
14.	Mr. Asim Saeed	Player
15.	Rana Waqar Khan	Player
16.	Mr. Muhammad Shahid Pervaiz	Player
17.	Mr. Hazrat Hussain	Player
18.	Mr. Khawar Yasin	Player
19.	Mr. Abidullah	Player
20.	Mr. Muzamal Hussain	Player
Ju-Jitsu		
21.	Mr. Khalil Ahmed Khan	Official/Manager
22.	Mr. Tariq Ali	Official/Coach
23.	Mr. Amir Mukhtar Awan	Official/Coach
24.	Mr. Amir Hamza Awan	Player
25.	Mr. Jahanzeb Rashad Lune	Player
26.	Mr. Rafiq Siddique	Player
27.	Mr. Umar Mukhtar	Player
28.	Mr. Muhammad Abid	Player
29.	Mr. Muhammad Ammar	Player
30.	Mr. Abu Hurrara	Player
31.	Mr. Shahzeb Nawaz Janjua	Player
32.	Mr. Ahmed Butt	Player
33.	Miss Maryam	Player
34.	Miss Ambreen Ashiq Masih	Player
35.	Miss Humaira Ashiq	Player
36.	Miss Beenish Khan	Player
37.	Miss Kashaf Javed	Player
Kabaddi		
38.	Mr. Muhamad Ramzan Ghumman	Manager
39.	Mr. Nabeel Ahmed Rana	Coach
40.	Mr. Akhlaq Hussain	Player
41.	Mr. Ibrar Hussain	Player
42.	Mr. Kashif Razaq	Player
43.	Mr. Muhammad Imran	Player

44.	Mr. Nasir Ali	Player
45.	Mr. Arslan Ahmad	Player
Volleyball		
46.	Mr. Shah Naeem Zafar	Official/Manager
47.	Mr. Azhar Mehmood	Coach
48.	Mr. Muhammad Razzaq	Player
49.	Mr. Muhammad Saqib Moon	Player
50.	Mr. Riaz Khan	Player
51.	Mr. Mubashir Raza	Player
Wrestling		
52.	Mr. Aftab Iqbal Chaudhry	Manager
53.	Mr. Muhammad Anwar	Coach
54.	Mr. Nazir	Wrestler
55.	Mr. Muhammad Asad Butt	Wrestler
56.	Mr. Muhammad Inam	Wrestler

Medal Tally of 5th Asian Beach Games

Rank.	Nation	Medals			
		Gold	Silver	Bronze	Total
1	Vietnam (VIE)	52	44	43	139
2	Thailand (THA)	36	24	30	90
3	China (CHN)	12	18	19	49
4	Iran (IRI)	9	6	6	21
5	Mongolia (MGL)	7	4	8	19
6	Cambodia (CAM)	6	6	9	21
7	Qatar (QAT)	5	1	1	7
8	Jordan (JOR)	4	4	5	13
9	United Arab Emirates (UAE)	4	2	3	9
10	Malaysia (MAS)	3	6	5	14
11	Indonesia (INA)	3	5	9	17
12	Kazakhstan (KAZ)	3	5	4	12
13	Myanmar (MYA)	3	5	3	11
14	Laos (LAO)	3	3	24	30
15	Uzbekistan (UZB)	3	1	3	7
16	India (IND)	2	4	18	24
17	Philippines (PHI)	2	4	15	21
18	Chinese Taipei (TPE)	2	4	10	16
19	Turkmenistan (TKM)	2	4	9	15
20	Singapore (SIN)	2	3	7	12

21	Pakistan (PAK)	2	3	6	11
22	Bahrain (BRN)	2	0	0	2
23	South Korea (KOR)	1	4	11	16
24	Oman (OMA)	1	3	0	4
25	Japan (JPN)	1	2	7	10
26	Iraq (IRQ)	1	1	8	10
27	Kyrgyzstan (KGZ)	1	0	4	5
28	Hong Kong (HKG)	0	4	4	8
29	Lebanon (LIB)	0	1	6	7
30	Syria (SYR)	0	1	2	3
31	Macau (MAC)	0	0	5	5
32	Afghanistan (AFG)	0	0	3	3
33	Sri Lanka (SRI)	0	0	2	2
34	Brunei (BRU)	0	0	1	1
	Independent Olympic Athletes (IOA)	0	0	1	1
Total		172	172	291	635

Pakistan Medal Tally in 5th Asian Beach Games

S.No.	Discipline	Medals			
		Gold	Silver	Bronze	Total
1.	Ju-Jitsu	–	2	5	7
2.	Beach Kabaddi	1	–	–	1
3.	Beach Handball	–	–	1	1
4.	Wrestling	1	1	–	2
Total		2	3	6	11

S.No.	Player	Name of Event	Medal
Ju-Jitsu			
1.	Mr. Ahmad Butt	Newaza Men's +94kg	Silver
2.	Mr. Jahanzeb Rashad Lune	Newaza Men's -56kg	Silver
3.	Mr. Amir Hamza Awan	Newaza Men's -69kg	Bronze
4.	Mr. Muhammad Abid	Newaza Men's -94kg	Bronze
5.	Miss Beenish Khan	Newaza Women's -70kg	Bronze
6.	Miss Humaira Ashiq	Show System Women (Duo)	Bronze
	Miss Maryam		
7.	Miss Maryam	Show System Men Women (Mixed)	Bronze
	Mr. Shahzeb Nawaz Janjua		

Beach Kabaddi			
1.	Mr. Arslan Ahmad	Men's Team	Gold
	Mr. Nasir Ali		
	Mr. Akhlaq Hussain		
	Mr. Ibrar Hussain		
	Mr. Muhammad Imran		
	Mr. Kashif Razzaq		
Beach Handball			
1.	Mr. Tahir Ali	Men's Team	Bronze
	Mr. Muhammad Uzair Atif		
	Mr. Asif Ali		
	Mr. Asim Saeed		
	Rana Waqar Khan		
	Mr. Muhammad Shahid Pervaiz		
	Mr. Hazrat Hussain		
	Mr. Khawar Yasin		
	Mr. Abidullah		
	Mr. Muzamal Hussain		
	Wrestling		
1.	Mr. Muhammad Inam	Men's Under 90 Kg	Gold
2.	Mr. Nazir	Men's Under 70 Kg	Silver