

12th SAF Games

The 12th South Asian Games was a major multi-sport event held at Guwahati and Shillong, India 5th to 16th February, 2016.

Ceremony

The programme of the Opening Ceremony started with the arrival of the day's dignitaries and the chief guest, Prime Minister Narendra Modi who was welcomed with the sounding of bugles and a pleasing ovation. The entry of the teams led by the Games mascot, Tikhori, and starting with Afghanistan and followed by Bangladesh, Bhutan, Maldives, Nepal, Pakistan and Sri Lanka was also greeted with warm applause. Speeches by IOA president N. Ramachandran, Union Minister of State for Sports and Youth Affairs Sarbananda Sonowal, Chief Minister of Meghalaya Mukul Sangma and Chief Minister of Assam Tarun Gogoi preceded the formal inauguration of the Games by the Prime Minister. In his speech, Modi said the 12th South Asian Games being held here are not just a sporting platform but also a "springboard for bringing peace and prosperity in the region". Declaring the Games open in a colourful ceremony here this evening, Modi also said the Games would help form lasting bonds between the participating athletes. The sacred Games torch was thereafter brought to the stadium proudly by different Indian athletes who digitally transferred the flame to the centre platform which touched the giant screen before reaching the giant cauldron. This was followed by the entry of the South Asian Olympic Council flag which was hoisted alongside the flags of all the participating nations even as the Games hymn was played in the background. Ghosal, as the India captain, took the oath on behalf of the participating athletes which also marked the end of the sports protocol segment and the entry of the artistes to take centre stage. At the Closing Ceremony, Northeast India's diverse and colourful culture were in full display as the curtains were brought down on the 12th South Asian Games amid magnificent fireworks that lit the night sky. Union Sports Minister Sarbananda Sonowal declared the Games closed at the Indira Gandhi Athletics Stadium to mark the formal end to the 12-day biggest multi-sporting spectacle of the eight SAARC countries, jointly co-hosted by Guwahati and Shillong. The Games flame at the cauldron was extinguished as the Guwahati night sky was lit with fireworks. The flag of the South Asian Olympic Council was lowered and handed over to the officials of next host country Nepal. Unlike the opening ceremony, the athletes did not come in the alphabetic order of the participating nations, signifying the less formal and more of festive and celebratory nature of the closing ceremony. They waved to the crowd all along as they took one lap of the stadium before joining the spectators at their allotted stands. Dressed in light blue tracksuits, the Indian contingent led the athletes of the eight countries, followed by next Games hosts Nepal, Afghanistan, Sri Lanka, Bangladesh, Bhutan, Maldives and Pakistan. Approximately 3,275 athletes and officials from all the eight countries (Afghanistan, Bangladesh, Bhutan, Maldives, Nepal, Pakistan and Sri Lanka, besides India) in the region participated in the 12th South Asian Games.

Participating Nation: 8

Sports/Events: 23

Archery, Athletics, Badminton, Basketball, Boxing, Cycling, Football, Handball, Hockey, Judo, Kabaddi, Kho-Kho, Shooting, Squash, Swimming, Table Tennis, Taekwondo, Tennis, Triathlon, Volleyball, Weightlifting, Wrestling and Wushu

Winner: The top three winners were: India, Sri Lanka and Pakistan

Medal Tally of 12th South Asian Games

| Rank. | Nation | Medals | | | |
|--------------|-------------|--------|--------|--------|-------|
| | | Gold | Silver | Bronze | Total |
| 1 | India | 188 | 90 | 30 | 308 |
| 2 | Sri Lanka | 25 | 63 | 98 | 186 |
| 3 | Pakistan | 12 | 37 | 57 | 106 |
| 4 | Afghanistan | 7 | 9 | 19 | 35 |
| 5 | Bangladesh | 4 | 15 | 56 | 75 |
| 6 | Nepal | 3 | 23 | 34 | 60 |
| 7 | Maldives | 0 | 2 | 1 | 3 |
| 8 | Bhutan | 0 | 1 | 15 | 16 |
| Total | | 239 | 240 | 310 | 789 |

Pakistan Medal Tally in 12th South Asian Games

| S.No. | Discipline | Medals | | | |
|-------|--------------|--------|--------|--------|-------|
| | | Gold | Silver | Bronze | Total |
| 1 | Archery | – | – | – | 0 |
| 2 | Athletics | – | 3 | 8 | 11 |
| 3 | Badminton | – | – | 4 | 4 |
| 4 | Boxing | – | 4 | 2 | 6 |
| 5 | Cycling | – | 1 | 3 | 4 |
| 6 | Handball | – | 1 | 1 | 2 |
| 7 | Hockey | 1 | – | – | 1 |
| 8 | Judo | 2 | 2 | 8 | 12 |
| 9 | Kabaddi | – | 1 | – | 1 |
| 10 | Shooting | | 9 | 4 | 13 |
| 11 | Squash | 1 | 4 | 1 | 6 |
| 12 | Swimming | 1 | 2 | 5 | 8 |
| 13 | Table Tennis | – | 1 | 1 | 2 |

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|--------------|---------------|-----------|-----------|-----------|------------|
| 14 | Taekwondo | 2 | 1 | 4 | 7 |
| 15 | Tennis | – | – | 4 | 4 |
| 16 | Volleyball | – | – | 1 | 1 |
| 17 | Weightlifting | 1 | 2 | 4 | 7 |
| 18 | Wrestling | 2 | 4 | 1 | 7 |
| 19 | Wushu | 2 | 2 | 6 | 10 |
| Total | | 12 | 37 | 57 | 106 |

| S.No. | Player | Name of Event | Medal |
|------------------|--|----------------------------------|--------|
| Athletics | | | |
| 1. | Mr. Muhamamd Ikram | 800 M (Men) | Silver |
| 2. | Mr. Shakeel Ahmed | Hummar Throw (Men) | Silver |
| 3. | M/s Ubaid Ali, Zaighum Iqbal, Liaqat Ali, Umar Khaym Hameed | 4 x 100 M Relay (Men) | Sliver |
| 4. | Mr. Rehan Anjum | Pole Vault (Men) | Bronze |
| 5. | Mr. Arshad Nadeem | Javelin Throw (Men) | Bronze |
| 6. | Mr. Moshin Ali | 110 M Hurdles (Men) | Bronze |
| 7. | Mr. Mahboob Ali | 400 M Hurdles (Men) | Bronze |
| 8. | Mr. Muhmmad Waseem | Shot Put Men) | Bronze |
| 9. | Mr. Muhammad Afzal | Triple Jump (Men) | Bronze |
| 10. | Mr. Liaquat Ali | 200 M (Men) | Bronze |
| 11. | M/s Nokar Hussain, Muhammad Ikram, Mehboob Ali, Asad Iqbal | 4 x 400 M Relay (Men) | Bronze |
| Badminton | | | |
| 1. | Mr. Muhammad Irfan Saeed Bhatti | Men's Single | Bronze |
| 2. | M/s Khasif Sulehri and Rizwan Azam | Men's Double | Bronze |
| 3. | M/s Khizra Rasheed and Sidra | Women's Double | Bronze |
| 4. | M/s Muhamamd Irfan Saeed Bhatti, Murad Aliq, Kashif Selhari, Rizwan Azam, Sabbar Hussain | Team Event (Men) | Bronze |
| Boxing | | | |
| 1. | Mr. Mohibullah | 49 Kg | Silver |
| 2. | Syed Muhammad Asif | 52 Kg | Silver |
| 3. | Mr. Ali Ahmed | 60 Kg | Silver |
| 4. | Mr. Tanveer Ahmed | 75 Kg | Silver |
| 5. | Miss Rukhsana Parveen | 60 Kg | Bronze |
| 4. | Miss Sofia Javed | 75 Kg | Bronze |
| Cycling | | | |
| 1. | Mr. Nisar Ahmed Mr. Habib Ullah Mr. Najeib Ullah | 70 Km Road Team Time Trial (Men) | Silver |

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| | Mr. Awais Khan | | |
| 2. | Miss Sabiha Bibi Miss Rashida Munir Miss Rajia Shabbir Miss Fiza Riaz | 40 Km Road Team Time Trial (Women) | Bronze |
| 3. | Miss Sabiha Bibi | 30 Km Individual Team Time Trial (Women) | Bronze |
| 4. | Mr. Nisar Ahmed | 100 Km Individual Road Race (Men) | Bronze |
| Handball | | | |
| 1. | Mr. Tahir Ali Mr. M. Shahid Pervaiz Mr. M. Uzair Atif Mr. Asif Ali Mr. Asim Saeed Mr. M. Usman Anjum Mr. Imran Khan Mr. Shahzad Tariq Mr. Muhammad Zubair Mr. Hazrat Hussain Mr. Asif Hayyat Mr. Zakir Hussain Mr. Khurram Shahzad Mr. M. Mubeen Ashraf | Handball (Men) | Silver |
| 2. | Miss Parveen Akhtar Miss Ayesha Dilshad Miss Ghazala Siddique Miss Sadia Iqbal Miss Saiqa Riaz Miss Zahra Nisar Miss Sehar Iqbal Miss Amna Miss Sajida Parveen Miss Mafia Ghulam Muhammad Miss Asma Attique Miss Asma Akram Miss Amina Shahzadi Miss Samreen Akhtar | Handball (Women) | Bronze |
| Hockey | | | |

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| 1. | Mr. Imran Butt Mr. Muhammad Irfan Syed Kashif Shah Mr. Fareed Ahmad Mr. Muhammad Aleem Bilal Mr. Tasawar Abbas Mr. Muhammad Rizwan Mr. Muhammad Toseeq Arshad Mr. M. Umar Bhutta Mr. M. Kashif Ali Mr. Ali Shan Mr. M. Arslan Qadir Mr. Abdul Haseem Khan Mr. Taimoor Malik Mr. Awais-ur-Rehman | Hockey (Men) | Gold |
| Judo | | | |
| 1. | Miss Shah Hussain Shah | -100 Kg (Men) | Gold |
| 2. | Miss Fouzia Yassir | -78 Kg (Women) | Gold |
| 3. | Miss Beenish Khan | -70 Kg (Women) | Silver |
| 4. | Miss Humaira Ashiq | -48 Kg (Women) | Silver |
| 5. | Miss Iran Shehzadi | -52 Kg (Women) | Bronze |
| 6. | Miss Shumaila Gull | -57 Kg (Women) | Bronze |
| 7. | Miss Ambreen Ashiq | -63 Kg (Women) | Bronze |
| 8. | Miss Mudassir Ali | -60 Kg (Men) | Bronze |
| 9. | Miss Babar Hussain | -66 Kg (Men) | Bronze |
| 10. | Miss Imtiaz Hussain | -73 Kg (Men) | Bronze |
| 11. | Miss Qaisar Khan | -81 Kg (Men) | Bronze |
| 12. | Miss Afzal Bashir | -90 Kg (Men) | Bronze |
| Kabaddi | | | |
| 1. | Mr. Nasir Ali Mr. Wasim Sajjad Mr. Akhlaq Hussain Mr. Kashif Razzaq Mr. Tahseen-Ullah Mr. Ibrar Hussain Mr. Muhammad Nisar Mr. Abdul Mukhtar Mr. M. Usman Zada Mr. Muhammad Rizwan Mr. Hassan Raza Mr. Ibrar Khan | Kabaddi (Men) | Silver |
| Shooting | | | |
| 1. | Umar Siddique, Midrar Ali, Amir Muhammad | 50 M Rifle Prone Team | Silver |

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| | | (Men) | |
| 2. | Mis Nadira Raees, Nazish Khan, Nadia Rashid | 50 M Rifle Prone Team (Women) | Silver |
| 3. | Maqbool Hussain Tabassum, Ghulam Mustafa Bashir, Muhammad Kabir | 25 M Standard Pistol Team (Men) | Silver |
| 4. | Kaleem Ullah | 10 M Pistol Individual (Men) | Silver |
| 5. | Kalimullah Khan, Kaleem Ullah, Muhammad Shehzad Akhtar | 10 M Pistol Team (Men) | Silver |
| 6. | Ghulam Mustafa Bashir, Maqbool Hussain Tabassum, Muhammad Kabir | 25 M Center Fire Pistol Team (Men) | Silver |
| 7. | Ghulam Mustafa Bashir | 25 M Rapid Fire Pistol Individual (Men) | Silver |
| 8. | Ghulam Mustafa Bashir, Maqbool Hussain Tabassum, Muhammad Khalil Akhtar | 25 M Rapid Fire Pistol Team (Men) | Silver |
| 9. | Kaleem Ullah. Kalimullah Khan, Muhamamd Akhtar | 50 M Pistol Team (Men) | Silver |
| 10. | Kalimullah Khan | 50 M Pistol Individual (Men) | Bronze |
| 11. | Umar Siddique | 50 M Rifle Prone Individual (Men) | Bronze |
| 12. | Lubina Amin, Farhat Nasreen, Tazeem Akhter Abbasi | 25 M Sports Pistol Team (Women) | Bronze |
| 13. | Nadira Raees, Nazish Khan, Nadia Rashid | 50 M Rifle 3 Position Team (Women) | Bronze |
| Squash | | | |
| 1. | Mr. Nisar Iqbal | Singles (Men) | Gold |
| 2. | Miss Maria Toorpakai Wazir | Singles (Women) | Silver |
| 3. | Mr. Farhan Zaman | Singles (Men) | Silver |
| 4. | M/s Nisar Iqbal, Farhan Zaman, Danish Atlas Khan | Team (Men) | Silver |
| 5. | M/s Maria Toorpakai Wazir, Sadia Gul, Sammer Anjum | Women (Men) | Silver |
| 6. | Miss Sadia Gul | Singles (Women) | Bronze |
| Swimming | | | |
| 1. | Miss Lianna Catherine Swan | Breast Stroke – 200 M (Women) | Gold |
| 2. | M/s Bisma Khan, Lianna Catherine Swan, Kiran Khan, Areeba Shaikh | Medley – 4×100 M (Women) | Silver |
| 3. | Miss Lianna Catherine Swan | Breast Stroke – 100 M (Women) | Silver |
| 4. | Miss Lianna Catherine Swan, Bisma Khan, Areeba Shaikh, Kiran Khan | Relays (Free Style) – 4×200 M (Women) | Bronze |

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| 5. | Miss Bisma Khan | Back Stroke – 50 M (Women) | Bronze |
| 6. | Syed Muhammad Hasseb Tariq | Back Stroke – 100 M (Men) | Bronze |
| 7. | Mr. Naveed Hussain | Back Stroke – 200 M (Men) | Bronze |
| 8. | M/s Kiran Khan, Bisma Khan, Areeba Shaikh, Lianna Catherine Swan | Relays (Free Style) – 4×100 M (Women) | Bronze |
| Table Tennis | | | |
| 1 | M/s Rahila Kashif, Shabnam Bilal, Ayesha Ansari | Women's Team – Final | Silver |
| 2 | M/s Asim Qureshi, Ali Sajjad Faisal, Muhammad Rameez | Men's Team – Semi Final | Bronze |
| Taekwondo | | | |
| 1. | Mr. Rizwan Aslam | Under 74 KG (Men) | Silver |
| 2. | Mr. Javed Karim | Under 80 KG (Men) | Silver |
| 3. | Miss Samiya Imdad | Under 49 KG (Women) | Silver |
| 4. | Mr. Naveed Khan | Under 63 KG (Men) | Bronze |
| 5. | Mr. Rehmat Jan | Under 68 KG (Men) | Bronze |
| 6. | Mr. Shah Adil | Over 87 KG (Men) | Bronze |
| 7. | Miss Kiran Bano | Under 46 KG (Women) | Bronze |
| Tennis | | | |
| 1. | Mr. Aisam ul Haq Qureshi | Men's Single | Bronze |
| 2. | M/s Aisam ul Haq Qureshi, Ushna Suhail | Mixed Doubles | Bronze |
| 3. | Miss Sara Mansoor | Women's Single | Bronze |
| 4. | Miss Ushna Suhail | Women's Single | Bronze |
| Volleyball | | | |
| 1. | Mr. Naseer Ahmed Mr. Aimal Khan Mr. Asif Nadeem Mr. M. Kashif Naveed Mr. Muhammad Idrees Mr. Sheraz Mr. Mohib Rasool Mr. Mubashir Raza Mr. Muneer Khan Mr. Murad Jehan Mr. Nasir Khan Mr. Imran Sultan | Volleyball (Men) | Bronze |
| Weightlifting | | | |
| 1. | Mr. Muhammad Nooh Dastgir Butt | +105 Kg (Men) | Gold |

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| 2. | Mr. Usman Amjad Rathore | 94 Kg (Men) | Silver |
| 3. | Mr. Muhammad Tahir | 85 Kg (Men) | Silver |
| 4. | Mr. Umar Rasool Lone | 77 Kg (Men) | Bronze |
| 5. | Mr. Abu Sufyan | 69 Kg (Men) | Bronze |
| 6. | Mr. Abdullah Ghafoor | 56 Kg (Men) | Bronze |
| 7. | Mr. Azhar Amir | 105 Kg (Men) | Bronze |
| Wrestling | | | |
| 1 | Mr. Zaman Anwar | 125 Kg (Men) | Gold |
| 2 | Mr. Muhammad Inam | 86 Kg (Men) | Gold |
| 3 | Mr. Abdul Wahab | 61 Kg (Men) | Silver |
| 4 | Mr. Muhammad Bilal | 57 Kg (Men) | Silver |
| 5 | Mr. Nadir | 65 Kg (Men) | Silver |
| 6 | Mr. Muhammad Asad Butt | 74 Kg (Men) | Silver |
| 7 | Mr. Muhammad Umair | 97 Kg (Men) | Bronze |
| Wushu | | | |
| 1. | Mr. Maaz Khan | 70 Kg (Men) | Gold |
| 2. | Syed Maratib Ali Shah | 65 Kg (Men) | Gold |
| 3. | Mr. Rashid Minhas | 75 Kg (Men) | Silver |
| 4. | Mr. Zahoor Ahmed | Sanshou – 52 Kg (Men) | Silver |
| 5. | Miss Zarina Rafiq | Sanshou – 70 Kg (Women) | Bronze |
| 6. | Miss Rukhsana Hanif | Sanshou – 60 Kg (Women) | Bronze |
| 7. | Miss Mubashra Akhtar | Nanquan & Nandao (Women) | Bronze |
| 8. | Miss Nazia Pervez | Taolu – Changquan (Women) | Bronze |
| 9. | Miss Komal Emmanuel | Taijiquan & Taijijian (Women) | Bronze |
| 10. | Mr. Waleed Ajmal | Taolu Daoshu & Gunshu (Men) | Bronze |